



Extra Curricular Activities

Swimming Lessons – Learn how to swim.

This ECA is designed for students who cannot currently swim, or are beginner level swimmers. It will help you to build your confidence in the water. Students will be introduced to and practice basic swimming techniques and strokes.

There are limited places available for this ECA. It is also dependent on popularity and number of available sessions.

A suitable swimming kit is needed. If you wear swimming goggles then you will also need to use your own.

For more information then please speak to Mr Rogers.



Beginners Running/ Jogging

This ECA is for people who would like to get fitter and stronger and to be able to run 5km by the end of this ECA term.

It is for complete beginners or people with little running experience. You will get sweaty, so you will have to wear sports gear. You will also need to protect your feet and ankles. Therefore, you must wear running shoes or trainers to participate.

This is a great way to feel revived after the school day and it will help you to feel ready for completing your studies in the evening.

There is no limit on the number of places available in this ECA.

For more information then please speak to Ms Jones.



World Scholar's Cup

The World Scholar's Cup is a prestigious international competition for young people from all around the world. However it's not like any other competition, as instead of focusing on memorising facts, WSC is all about applying them and relating them to the world around us. It also requires collaboration and quick thinking. Teams of three take part in four team events in debate, quizzes, and collaborative writing, based on the theme for the year. There are three levels of competition: regional, global, and the Tournament of Champions at Yale University. Teams and individuals can progress from one level to the next if they gain enough points.

Because the English level required to take part in WSC is quite high, you will need to submit a short piece of writing and have a brief interview with Mr Beddoes. Also, please be aware that taking part in competitions will require financial commitment and this can be significant, as competitions are held in other countries. The school may be able to assist.

For more information please visit <https://www.scholarscup.org/> and <http://www.seedasdan.org/en/wsc-en/>, or speak with Mr Beddoes.



STEM – Science Technology Engineering Maths

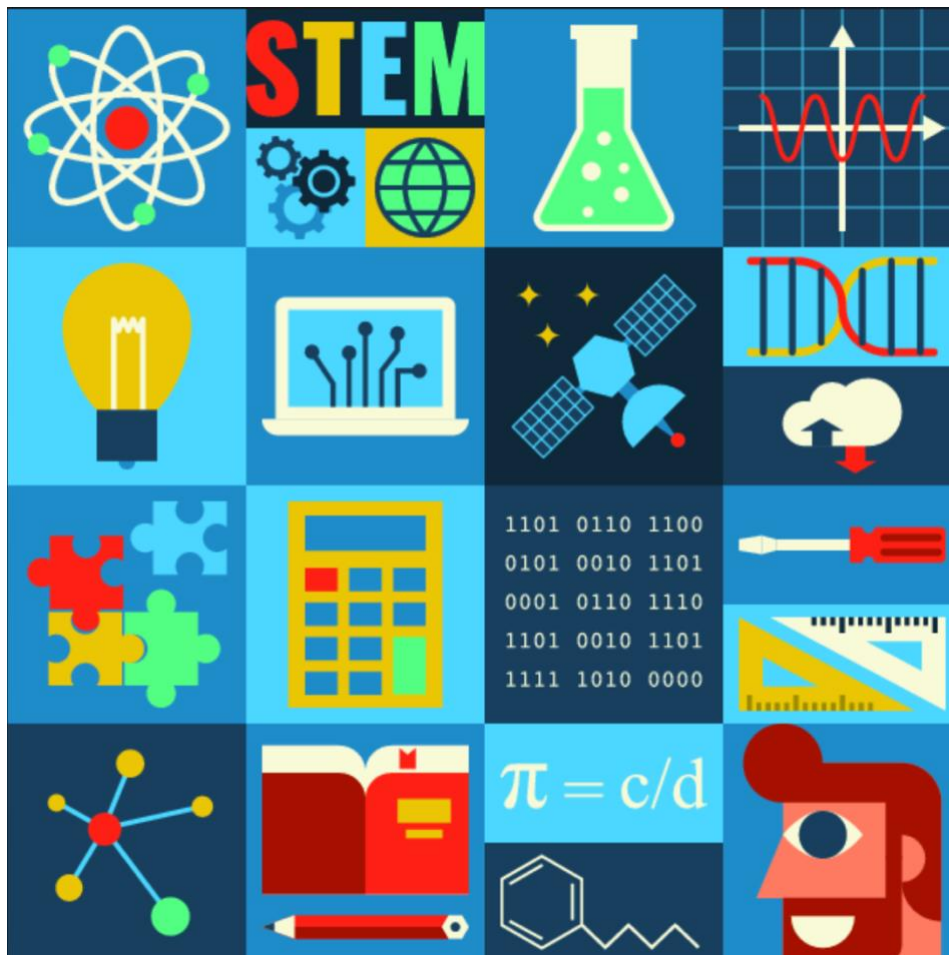
Students will have the opportunity to think about Science, Technology, Engineering and Maths concepts and applications in everyday life. Students will collaborate, design activities, and share their discoveries. After some modelling in initial ECA sessions, by the teacher, this will be a **student led activity**.

Students should come with an inquisitive mind, willingness to get involved, and try out new skills and investigations.

We want to "think outside the box", work together to solve problems and develop new skills that are important today.

Student initiative and motivation is important.

For more information then speak to Mr Kevin Fox.



Drama workshop

This ECA will use Drama workshop techniques to develop self confidence, expression, creativity and public speaking skills.

It is aimed at students who are developing an interest in Drama and Theatre, as well as students who wish to improve their ability to speak or perform in front of others.

Part of this ECA will include writing your own pieces of Drama, as well as working in groups.

We will need a minimum number of 4 students for this ECA, there is no maximum number.

For more information then speak with Ms Liz Platt.



Stories of the Ming Dynasty

This ECA will focus on sharing, reading and analyzing stories from the Ming Dynasty. Students will have the opportunity to experience a variety of ancient lives, and increase their knowledge of classical Chinese literature.

This ECA will also support the IGCSE and A Level in Chinese First Language, by teaching the skills that are necessary for those qualifications. It will also be interesting and fun!

For more information then speak to Ms Yenna.



Bistro – Learn how to cook Western food

For more information please speak to Mr Hanna